

How to use an Ellipta

- Hold inhaler steady (do NOT shake inhaler)
- Slide cover down until it clicks (dose counter counts down by 1).
- Breathe out gently
- Hold mouthpiece at right angles between teeth and close lips around the mouthpiece. (Do not block the air vents)
- Breathe in slow and deep through the inhaler (not the nose)
- Remove the inhaler from the mouth and hold breath for 10 seconds or as long as is comfortable.
- Breathe out slowly (away from the device)
- Slide the cover upwards to cover the mouthpiece.



Demonstrate your device technique to your GP, nurse, pharmacist or clinical specialist at every opportunity