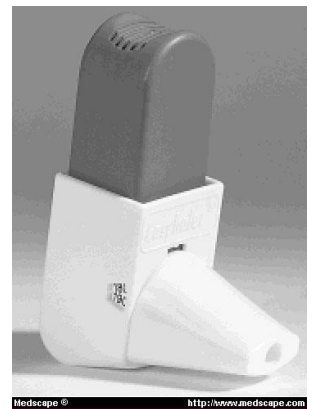


# How to use an Easyhaler Dry Powder Device

1. Remove the dust cap.
2. Shake the device vigorously up and down 3-5 times. Do NOT click it while you shake it.
3. Hold inhaler upright between the thumb and forefinger. Squeeze it until it clicks and let it click back again (If you click it more than once, tap the mouthpiece to empty the powder out on a table top and re-start)
4. Breathe out away from the mouthpiece.
5. Put mouthpiece in mouth between the teeth and close lips around the mouthpiece. Keep inhaler upright during inhalation.
6. Take a strong, deep breath in through the inhaler (not the nose)
7. Remove the inhaler from the mouth and breathe out normally.
8. Put the dust cap back and store in dry place (NOT the bathroom)



**Demonstrate your inhaler technique to your GP, nurse, pharmacist or clinical specialist at every opportunity**