

# WORLD ASTHMA DAY



## Don't let Asthma leave you breathless.



Get your Asthma Action Plan  
at [asthma.ie](http://asthma.ie)  
or call the Asthma  
Adviceline 1800 445464

The Asthma Society of Ireland. **Fighting asthma with every breath.**  
For information on taking control of asthma within your  
family, visit [asthma.ie](http://asthma.ie)

**During the month of May**, every Boots pharmacy will be providing **FREE Let's Breathe Easy asthma clinics\***, where your Boots pharmacist will assist with setting up a personal asthma management plan and advise on how to get the most out of your medicines.

\* Subject to pharmacist availability

In partnership with  
Boots Ireland



Charity registration number CHY6100 (Ireland).