



Title: Technique Review – Nasal Drops NMI-28

Patient details

Title: _____ Name: _____ Ref number: _____
 Address: _____ Date of review: _____

GP, pharmacist, practice nurse or clinical specialist observes the patient completing the following steps and scores 1 (satisfactory) or 0 (not satisfactory) depending on whether the step is completed satisfactorily

1	Blow nose gently to clear nostrils						
2	Shake the bottle						
3	Remove cap and check the dropper tip is not chipped or cracked. (NEVER insert anything into the dropper as this alters the dose delivered)						
4	Avoid touching the dropper tip against your nose.						
5	Tilt head as far back as possible, or lie down on back on a flat surface (such as a bed) and hang head over the edge.						
6	Squeeze the dropper gently to place the correct number of drops into the nose.						
7	Sniff gently to let the drops penetrate						
8	Remain in this position for 2-3 minutes						
9	Clean the dropper tip with warm water and dry with a tissue						
10	Replace the cap.						
Total/10							
	Signed/initialled by pharmacist/professional staff: Date of assessment:						

Recording of Patient Informed Consent:

a) Patient’s reason for choosing to attend for Inhaler Technique Review:

b) I have received information about the Inhaler technique review process and give my consent _____:

c) I agree that information may be shared with my GP or carer (specify) _____ Date: _____

d) I consent to the use of Inhaler Technique Review results, my name/identification having been removed, being used for audit purposes, including the accumulation of such data for research purposes.

Patient signature: _____ Date: _____