



Title: Inhaler Technique Review – Respimat Inhaler NMI-22

Patient details

Title: _____ Name: _____
Address: _____

Ref number: _____
Date of review: _____

GP, pharmacist, practice nurse or clinical specialist observes the patient completing the following steps and scores 1 (satisfactory) or 0 (not satisfactory) depending on whether the step is completed satisfactorily

1	At time of dispensing, the pharmacist must ensure the patient can demonstrate correctly loading and preparing the device or load and prepare the device for first use for the patient. The device must be discarded 3 months after first use.						
2	Hold the Respimat inhaler upright with the cap closed.						
3	Turn the base in the direction of the arrows until it clicks (half a turn).						
4	Open the cap until it snaps fully open.						
5	In the sitting or standing position, with the head upright, breathe out gently (Do NOT breathe out into mouthpiece)						
6	Hold mouthpiece at right angles to the mouth and place between the teeth. Close lips around the mouthpiece and at start of inspiration... (while inhaling slowly and deeply through the inhaler NOT through the nose)						
7press the dose release button and continue to breathe in slowly for as long as possible. (Do NOT cover air vents with hands or mouth).						
8	Remove the inhaler from the mouth and hold breath for 10 seconds, or as close to 10 seconds as possible...						
9	Breathe out slowly (Do NOT breathe out into the inhaler)						
10	Repeat steps 2-9 to receive a second dose, then close the cap.						
Total / 10							
Signed/initialled by pharmacist/professional staff:							
Date of assessment:							

Recording of Patient Informed Consent:

- a) Patient's reason for choosing to attend for Inhaler Technique Review:
- b) I have received information about the Inhaler technique review process and give my consent _____:
- c) I agree that information may be shared with my GP or carer (specify) _____ Date: _____
- d) I consent to the use of Inhaler Technique Review results, my name/identification having been removed, being used for audit purposes, including the accumulation of such data for research purposes.

Patient signature: _____

Date: _____