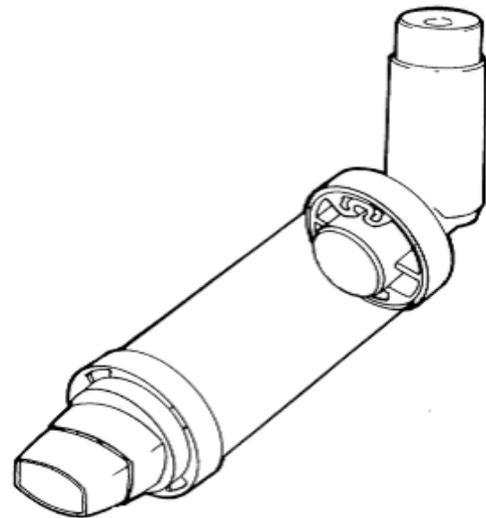


How to use an Aerochamber Plus (Spacer) Device

Single breath technique:

- Remove cap, shake inhaler and insert into the Aerochamber
- Breathe out normally.
- Put mouthpiece in mouth between the teeth and close lips (or place mask over nose and mouth ensuring a good seal is maintained)
- Press the canister once to release a dose of the drug and take a deep, slow breath in. (If a whistling sound is heard, you are breathing in too quickly)
- Hold breath for 10 seconds then breathe out gently. Remove the mouthpiece from the mouth and breathe normally.
- Remove inhaler from the device and replace inhaler cap.



Demonstrate your device technique to your GP, nurse, pharmacist or clinical specialist at every opportunity