



Title: Volumatic device – Single Breath Technique

| Patient details | | |
|-----------------|-------|-----------------|
| Title: | Name: | Ref number: |
| Address: | | Date of review: |

GP, pharmacist, practice nurse or clinical specialist observes the patient completing the following steps and scores 1 (satisfactory) or 0 (not satisfactory) depending on whether the step is completed satisfactorily

| 1 | Align the two halves of the Volumatic device and press together as required. Remove the cap from inhaler | | | | | |
|---|---|--|--|--|--|--|
| 2 | Shake inhaler and insert into the Volumatic. | | | | | |
| 3 | Put mouthpiece in mouth between the teeth and close lips around the mouthpiece without blocking airholes at the sides | | | | | |
| 4 | In a sitting or standing position, breathe out into the device as far as is comfortable | | | | | |
| 5 | press the canister once to release a dose of the drug | | | | | |
| 6 | and immediately take a deep, slow breath in while listening for a clicking sound that verifies the valve is working correctly | | | | | |
| 7 | Remove mouthpiece from mouth and hold breath for 10 seconds, or as close to 10 seconds as possibleand breathe out slowly. | | | | | |
| 8 | If a second dose is required at this point, wait 30-60 seconds before repeating stages 2 to 8. (If a second dose is not required at this point reviewer adds 1 point to score.) | | | | | |
| 9 | Remove the inhaler from the Volumatic by tipping the top of the inhaler forward and replace inhaler cap. | | | | | |
| 10 | Especially when using a controller inhaler, rinse mouth with water after use | | | | | |
| Total/10 | | | | | | |
| | Signed/initialled by pharmacist/professional staff: Date of assessment: | | | | | |
| Recording of Patient Informed Consent: a) Patient's reason for choosing to attend for Inhaler Technique Review: b) I have received information about the Inhaler technique review process and give my consent c) I agree that information may be shared with my GP or carer (specify) Date: d) I consent to the use of Inhaler Technique Review results, my name/identification having been removed, being used for audit purposes, including the accumulation of such data for research purposes. Patient signature: Date: | | | | | | |

Prepared by: Rachel Dungan MPSI, Cicely Roche MPSI on behalf of the Asthma Society of Ireland and Irish Pharmacy Union Date: 19/8/15 Ver: 05